The Barnard Bulletin

MAY 2014 **Vol. XXIX No. 5**

SELECTMEN'S NEWS

Contrary to last month's suggestion that mud season at this writing might be a distant memory, we're right about in the middle of it with temperatures for March and April running several degrees below normal; at least it's been mostly been below freezing at night so we can get some stone and hard pack hauled early in the morning without making things worse. Our thanks to local contractors who provide extra trucks allowing us to move more material in the short time available. With frost half way to China from the cold winter, we're getting a lot of sink holes and culvert and ditch cave-ins from water running under the roads lifted by frost. We think we're over the hump with mostly just shady places sweating the frost out. We can start grading some of the drier areas but have some patience – it'll take a while to get over our fifty some miles of road and we'll have mud, culvert and ditch issues for at least another two weeks.

I helped with snow storms during the winter and have been on the Town's highway clock nearly full time the last couple of weeks which is quite different than sitting here glibly writing about it. It's pretty overwhelming what they have to confront on a daily basis to keep the wheels turning and the roads passable and safe. Saying "thanks" now has a little more meaning. So, Thanks for getting us through another winter and mud season.

May is nonetheless right around the corner with Green-Up Day on Saturday, May 3. Road side collected trash will be accepted at the Transfer Station at no charge and we'll again accept up to four tires also at no charge. See further information by Green-Up Day coordinator Jo Oliver-Yeager elsewhere in this issue. Wednesday hours at the Transfer & Recycling Station will resume May 14, 4-8pm.

Our Zero Sort program is mostly working well but we're now aware that the "Zero Sort" nomenclature may be somewhat of a misnomer as we still have to sort out cardboard and glass. Despite large print signs on the box, we're getting some glass in the box; please, take just a minute to read the signs that delineate what goes and what doesn't.

We still have a vacancy on the Planning Commission and we're looking for someone who would like to be in charge of helping the Town establish an equipped Red Cross Emergency Shelter at the School and/or Town Hall. Following Irene after which no one could get anywhere, it was determined that having pre-equipped shelters is a lot more dependable than calling the Red Cross and expecting them to show up with the stuff. The project will require an occasional seminar and some coordination with Selectmen and emergency responders to figure out what to get, where to store it and how to make it serviceable in the event of an emergency. If you're interested in either position, contact any Selectman or drop in at a meeting.

While Spring is kind of dragging its feet this year, I am reminded that two years ago I planted peas on April 1! This year there was still two feet of snow on the garden. That year's weather was just as anomalous as this and that was the year we couldn't get anywhere with our trucks and even had to close a couple of roads but I'd take it any day! Hopefully, now it's safe to say that by the next Bulletin it'll all be a distant memory.

* * * * * * * * *

LISTER NOTES

April First has come and gone. The Listers will soon be finishing up the inspections of new construction that have occurred during the last year. Once these changes have been entered into the Grand List the Listers will produce the abstract (or preliminary) Grand List. Change of Value notices will be mailed to those property owners that do not have the same valuation as last year. About two weeks after the Abstract is lodged the Listers will hold their Grievance hearings.

If you wish to challenge the appraised value of your property, you must start the appeal process by filing a Listers grievance. Anyone may appeal to the Listers regarding their appraisal, you do not need to have been notified that your appraisal has changed. These grievances must be in writing, but they do not have to be complicated. A simple letter stating that the property owner wishes to grieve is sufficient. Something like: "Dear Listers, I whish to grieve the appraised value of my property. Please contact me at xxx-xxxx to set up a grievance hearing.".

Once you have filed your request to appeal you should take the time to gather the necessary information to formally back your claim. Comparable property valuations, bank appraisals, or supporting data that shows the Listers are in error, are examples. The more accurate your information the more likely the Listers will agree with you and make changes to your appraisal.

FROM THE BARNARD HISTORICAL SOCIETY ARCHIVES

Times May Have Been Hard, But No One Ever Went Hungry (Continued from the December 2013 issue.)

By MARIAN LEAVITT LEVASSEUR

Our cellar was full of canned goods—potatoes, carrots, turnips, onions and such; all home grown and home canned or kept in the cool place. I remember the big pickle barrel filled with sour pickles. Some foods were kept cool right on the dirt floor of the cellar of "the cellar bottom".

We had a small space under the pantry shelf for the storage of left overs, butter, etc. The space had a drop down door and the who, thing was called "under the shelf'.

Whatever foods were prepared were done so in large quantities to feed the ten hungry mouths at the table. We had plenty of eggs and more than a dozen of them were cooked for breakfast. Eggs were often cooked for other meals, too. Hard cooked eggs in a milk gravy was not uncommon, also, Mom made a dish of baked eggs sometimes. Potatoes, milk and eggs were real staples.

Most of the foods we ate came from the farm. Mom always had a large garden and put up many jars of foods, plus jams and jellies. Cabbages and bags of apples were kept in the cellar, too, plus jars of pickles and relishes. Jams and jellies were stored upstairs in a cupboard in the little kitchen where Mom and Dad first set up housekeeping in the fall of 1925. Maple syrup was stored there, too.

We made rootbeer but, not home brew. I once opened a bottle of rootbeer too fast and it shot up and splashed on the ceiling? Homemade rootbeer does have a lot of zip!

A chicken was usually dressed off the day before it was to be cooked. After it was plucked of feathers and ready for the pot it was hung down cellar overnight and cooked the next day.

Not only did we have eggs for breakfast, but we always had a dish of cereal. We had muffins, but seldom had toast. If we did it was made in a rack that was laid on top of the kitchen wood burning range. A fire in a kitchen range can have its ups and downs and the toast might get black. Muffins were the usual order and Mom made them fresh every day, except on rare occasions when she made about four dozen Popovers for breakfast. How we loved those popovers! We had butter that was farm fresh made by us or sometimes we bought it from neighbors.

I do remember the first oleo margarine we every had. It was a white block like lard and had a yellow powder to mix with it to make it look like butter. I thought surely Little Tommy Tucker had white butter because that old poem goes, "What does he sing for? White bread and butter!" I supposed the butter was white as well as the bread and I thought it was rather fun being like Tommy Tucker.

We did use a lot of milk. Dad brought a fresh pail of it in from the barn every morning and it lasted through the evening meal. For breakfast we not only had milk and sugar on our cereal but, we, also had cream. Good jersey milk has a lot of butterfat and we did use cream at breakfast. Once in awhile we made delicious vanilla ice cream from the fresh heavy cream. No one worried about cholesterol! Left over cream became sour and was used for butter or cookies.

Pancakes and maple syrup was the usual Sunday morning fare.

We had baked beans quite regularly on Saturday nights, but no hot dogs.

Our noon meal, dinner, was the big meal of the day. Potatoes, gravy and vegetables with bread and butter followed by pie was a fit filler upper. We had some meats and salt pork to eat or use for gravy. In winter we had more meats because the butchering was done in the fall and the meats would freeze and last all winter. Meat was kept in the "back room" beyond the pantry. Chicken was eaten in the summer as well as winter.

At night supper usually started out with a big dish of cracker and milk. Leftovers would be served after that. On Sundays we often had Hasty Pudding for supper, especially if we had been gone visiting all day and had a big meal elsewhere. Hasty pudding is made from corn meal. When a pot of water comes to a boil the corn meal is poured in and stirred to keep from becoming lumpy. When the pudding is done a spoon will stay standing in the center of it. It was served as a main dish like cereal. Left over pudding was put into bread tins and next day it was firm and was sliced for frying. It would be eaten with butter or, maybe, with Maple Syrup. Really quite a tasty dish!

"The cellar way" was a little cupboard at the top of the cellar stairs where eggs and donuts were stored. Mom once preserved eggs in "Water Glass" and put them there. She kept her homemade "Potato yeast" there, too. Mom made bread and rolls every week and during the war time yeast was harder to get so, she made potato yeast.

Dad went fishing and brought home baskets full of Brook Trout. He liked his trout rolled in corn meal before they were fried.

We ate milkweeds and dandelions, wild berries and our own apples. They lasted all winter in the cool cellar. We all survived oh good home foods, fresh air and exercise and wonderful sparkling water from our spring up on the hill.

LOCAL CRYPTOGRAM

A cryptogram is a code in which one letter is substituted for another. For example, the word "Church" could be written BWMSBW. The letter B would be the letter C and would be throughout the entire message. In this message **R = I**. The solution is found by trial and error.

"LNLGZ ZLTG, XTDF DUJLH HQGRVM, SRAW VTHAZ ERAAEL XRGCH ZTQQRVM AWLRG KUUE WLTCH UKK TVC AWL MGUOVC TEE JODFLC OQ SRAW QETVAH."

- CUGUAWZ QTGFLG

The answer to the CRYPTOGRAM can be found on the inside of the back page.

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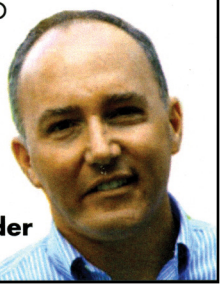

LOCAL ANOUNCEMENT

LTC Donald L. Goss has been appointed Chief of Physical Therapy US Military Academy, Keller Community Hospital Director, and Sports Medicine Residency US Sports Medicine USMA at West Point NY.

His wife, Holly Aikens Goss and son, Alexander, will be relocating from San Antonio TX.

They are the children of Cliff and Alice Aikens of Barnard.

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The Bulletin Website, www.barnardbulletin.info, now has previous versions of the bulletin available in PDF format. More issues will be added as time allows. If you would like to read the bulletin as a PDF each month, please send an email to info@barrnardbulletin.info.

EAST BARNARD COMMUNITY CLUB ANNOUNCES SPRING EVENTS

by Virginia Glass Schlabach

What a difference a month makes! On March 14 the East Barnard Community Hall was snowbound. On April 14 the Community Club executive committee was able to gather on the Hall porch for their monthly meeting. They set September 6 as the date for the 3rd annual Largely Local supper and planned these two spring activities for the community:

Saturday, May 3 - Green Up Day at the Community Hall: Everyone is invited to join in spring cleaning inside and around the Hall. Arrive at 9:00 a.m. armed with rakes, brooms, dust rags, and whatever else may be needed for outdoor and indoor work.

Wednesday, May 7 - Community Club potluck and business meeting at the Community Hall: The potluck will begin at 6:00 p.m. with the meeting to follow.

In the past month East Barnard has been host to two barred owls, a bear, and many returning southern birds. Broad Brook is roaring again; crocus and snowdrops and budding daffodils are bringing spots of cheer amidst brown grass; and the worst of Mud Season has passed. I think for many of us in East Barnard, the best spring sounds we've heard (and have heard frequently) have been not birdsong or babbling brook but the crash of stones falling from dump trucks and the slow scraping noise of the grader. Thanks, Barnard road crew!

Last year's Green Up crew at the East Barnard Community Hall. New siding has since spruced up the Hall exterior.

ARTICLES, STORIES WANTED

If you have an article or a story that you think would interest the readers of the Barnard Bulletin, please consider submitting them for publication. This is your community newsletter and it is sometimes difficult to fill the pages. Please consider writing something for the Bulletin.

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THOMPSON CENTER NEWS

Submitted by Pam Butler

Older adults have made countless contributions and sacrifices to ensure a better life for future generations. Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes older Americans for their contributions and demonstrates our nation's commitment to helping them stay healthy and active.

This year's theme for Older Americans Month is "Safe Today. Healthy Tomorrow." The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible. Unintentional injuries to this population result in at least 6 million medically treated injuries and more than 30,000 deaths every year.

While The Thompson provides services, support, and resources to older adults year-round, Older Americans Month offers an opportunity for us to put an emphasis on education and services related to the important topic of injury prevention and fitness. The Thompson offers a variety of fitness classes; Strength & Fitness on Monday, Wednesday, & Thursdays at 9a.m.; Bone Builders on Tuesday & Thursday at 2:15p.m.;Yoga on Thursdays at 1p.m.; and Tai Chi on Wednesday mornings in beginner (9:30a.m.) and advanced beginner (10:40a.m.) levels. In addition to staying fit, you can improve your safety by taking steps to prevent falls at home, getting a LifeLine alert system, exercising you brain with a new activity, volunteering, and eating a healthy diet.

A healthy tomorrow also includes being informed and planning ahead. Our May programs will cover the latest fraud schemes, reverse mortgages, planning your funeral, downsizing and "de-cluttering." All of our programs and classes are open to adults of all ages. Please join us.

Fraud Forum: Wednesday May 7, 1:00-2:30pm. Every 3 seconds someone's identity is stolen! Vermonters are being targeted every day by all types of scams. People over 50 are especially vulnerable and account for more than half of all victims. It's important to keep up to date on the latest scams and schemes to help protect you and the people you care about.

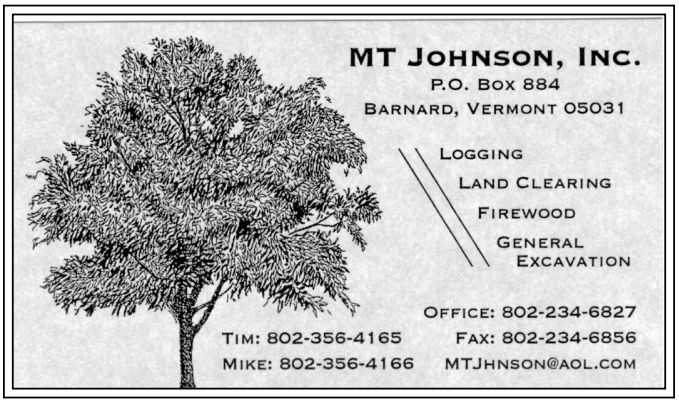
Join representatives from the Vermont Attorney General's office and AARP Vermont for tips, information and discussion on the latest scams and how to protect yourself from becoming the next victim.

Is a Reverse Mortgage Right For You? Thursday May 8, 4:30-5:30pm. Kathy Burns, of Merrimack Mortgage Company, Inc., will discuss some of the intricacies of this innovative mortgage product. She will share up-to-date information about reverse mortgages, and outline many details of this financing option. Learn about the benefits, drawbacks, and misconceptions of reverse mortgages from an experienced professional.

It's Your Funeral: Do It Your Way, presented by Lee Webster, Vice President of the National Funeral Home Alliance: Tuesday, May 13th, 1:00pm. Today the average American funeral costs between $7,000 and $10,000.. Learn how you can make plans that will help your family and friends know exactly what you want. You'll find out the truth about many funeral misconceptions, how to navigate funeral homes, what goes into family-led after death care, what your legal rights and responsibilities are, and about burial options, including "green" funerals.

Downsizing a Lifetime - A Gift for One's Family: Tuesday, May 27th, 1:00PM. Eventually, all households downsize. This presentation will focus on the basics of getting started, including where to begin in your home and how to focus your energy to help lighten the load. "De-cluttering" will be discussed for those who wish to remain in their homes but are burdened by "stuff".

For details on all Thompson classes, trips, and programs please visit www.thompsonseniorcenter.org or like us on Facebook.



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SATURDAY, MAY 3, 2014

GREEN UP DAY

NEWS FROM HELPING HANDS

Is it safe to say that spring has finally arrived? Is mud season finally over? Thanks to the hard work of the town crew, we were able to get where we needed to go. Will George's entry into Silver Lake be the latest ever? So many questions, but it has been that sort of season.

Speaking of George, Helping Hands is grateful to be receiving half of the betting pool. This money will be added to our Trevor/Harshbarger Fund, which was set up to receive donations for the rebuilding of Dagney and David's home, which was destroyed by fire on March 15th. Even though they had insurance, it will not cover the total rebuilding and replacement costs. The fire destroyed years of hard work and irreplaceable items. Your contribution will help them begin to recreate the home they loved and lost. Checks should be made out to Barnard Helping Hands with Trevor/Harshbarger on the memo line and mailed to Barnard Helping Hands, PO Box 888, Barnard, VT 05031. We are a non-profit, so you will receive a written confirmation of your gift.

Saturday, May 3rd is a big day! It is Green-Up Day and also the one-year anniversary for the reopened Barnard General Store. Garbage bags will be available at a table on the porch of the Barnard General Store starting at 8AM. Please sign up for a clean up area, as this will automatically enter you into a raffle for a $50 BGS gift card, which was donated to us by Joe and Jillian, the BGS owners. You will also receive a voucher for a cup of coffee or hot chocolate when you finish. There will be a dump trailer parked at the BGS until 3 PM or you may take your garbage bags to the recycling center. Please remember to wear gloves. And to finish off the celebration, the BGS will be offering $1 ice cream cones all day. We want to thank the BGS for the raffle prize and for all your help. Keep your fingers crossed for beautiful day!

We have been able to make a number of deliveries to the two food shelves in the past month. Many thanks for your support. As the number of people relying on the Bethel and Woodstock food shelves continues to increase, we are delighted to be making more deliveries to them. Here is a list of items they always need, but please don't feel that you have to stick to the list: peanut butter, tuna fish, canned meat, stews or soups, pasta and pasta sauce, rice, any canned fruits and vegetables, hot or cold cereals, coffee, tea, sugar and personal care items such as shampoo, toothpaste and toilet paper. Thank you for supporting the food shelves!

Please don't hesitate to contact us if you or someone you know could use a helping hand. We have people ready and willing to help. If the job is too big for us to handle, we can refer you to other available resources.

Gerry Botha – 234-6941 gbotha@aol.com, Heidi White – 234-6965 -heidi@hwfreelancecopywriter.com, Linda Beaumariage – 234-5624 letvt@mac.com, Louie Ahlen – 457-2621 lahlen8920@aol.com, Mary Blanton – 234-5541 marywbvt@gmail.com, Patty Hasson – 457-3886, patty.hasson@wildapple.com, Deb Rice – 234-5349 - debarice@gmail.com, Jo Oliver-Yeager - 234-6448 – jooliveryeager@gmail.com, Joann Ference – 234-9324, vtscapeartist@gmail.com, Leah Crowley, leahgocrowley@gmail.com

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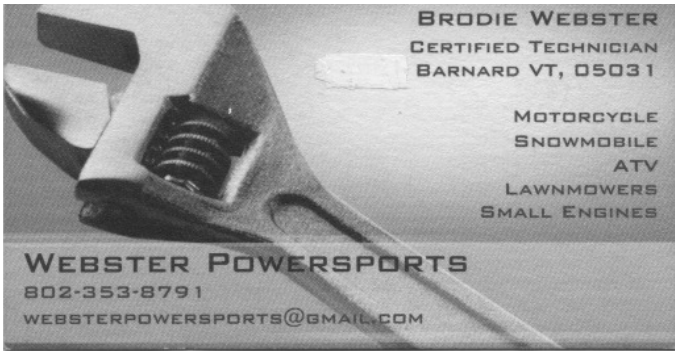


BARNARTS NEWS AND EVENTS

BarnArts Center for the Arts presents **Cantare Con Spirito** performing vocal works of Brahms at:

7 p.m. April 25, Blue Horse Inn, Woodstock;

2 p.m. April 26, Ava Art Gallery, Lebanon, NH;

7p.m. April 26, Bethel Town Hall, Bethel;

10 a.m. April 27, Bethany Church, Montpelier;

4 p.m. April 27, The Recital Hall at St. Michael's College, Colchester

A $15.00 Donation would be appreciated.

BarnArts Center for the Arts will host a fundraising **Race around the Lake** beginning at 10:30 a.m. Sunday May 18 at Barnard's Silver Lake State Park. The first race of this annual all-ages event will raise scholarships funds for children attending this summer's 3rd Annual Summer Youth Institute, which includes a full production of Willy Wonka to be performed Aug 8-10 at the Barnard Town Hall.

Participants may preregister online at Active.com or follow the race link on BarnArts.com. Participants may also register between 9 a.m. and 10:15 a.m. on race day. The three-mile run/walk includes a significant portion of woods trail around the back side of Silver Lake. There will also be a waterfront kid's fun run at the park after the race.

Start times are 10:30 a.m. for runners, 10:35 a.m. for walkers. The entry fee is $20 for adults and $10 for ages under 12. The first 100 to register will receive a free T-shirt. All can enjoy a post-race lunch catered by the Barnard Inn and enjoy live music along the lakefront. The kids' fun run, a free event for kids 10 and under, will be held after the awards ceremony.

Runners can park at Silver Lake State Park with overflow parking at Barnard Town Hall.

Registration is now open for the BarnArts **Summer Youth Theatre Institute's production of Willy Wonka**.

Lyrics and Music by Leslie Bricusse and Anthony Newley.

Rehearsal Dates: July 21- August 7 (Monday - Friday)

Time: 9am-3pm

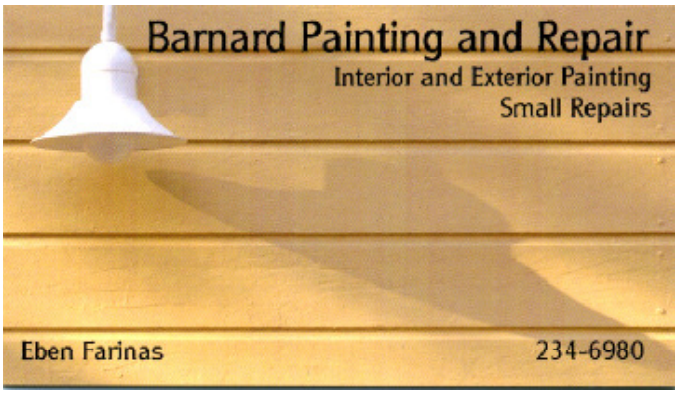
Performance Dates: August 8-10

Where: The Purple Crayon/Artistree in Woodstock and the Barnard Town Hall (tech week)

Ages 8-18 (Students under age 8 who are interested may apply by audition.)

Cost: $375 until May 1, $450 after May 1

Contact: Jarvis Green, BarnArts Center for the Arts
802-332-6020 (Office), 802-234-9609 (Home)
jarvis@barnarts.org, www.BarnArts.org



CRYPTOGRAM ANSWER

"Every year, back comes Spring, with nasty little birds yapping their fool heads off and the ground all mucked up with plants."

- Dorothy Parker

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FIBER ARTS BARNARD (FAB) - 2nd and 4th Wednesdays in the Barnard library community room, 3:30-5:30. Contact Janet Andersen, 234-5251, hywynds@aol.com, or Jenney Silva, 457-9000, hsilva86@yahoo.com.

THE BARNARD ACADEMY SCHOOL BOARD meets at 8:30 am at the school on the first Tuesday of each month.

THE PLANNING COMMISSION meets at 7:00pm in the Town Clerk's office on the following dates. 2013: June 3; August 5; October 7; November 4; December 2. 2014: January 6; February 3; March 10.

BARNARD LISTERS listers@barnardvt.us, 234-9576. Office hours, except holidays, Wednesday 9:00am - 11:00am, by appointment, or anytime we are in the office.

BARNARD ZONING ADMINISTRATOR'S office hours are Mondays, 9am – 12:00 noon.

BARNARD CONSERVATION COMMISSION meets the second Monday of the month, 7:00 PM, Town Hall.

TOWN CLERK office hours are Monday & Wednesday, 8:00am - 3:30pm, Tuesday, 8:00am - 7:00pm.

THE DEVELOPMENT REVIEW BOARD meets the third Thursday of the month at 7:00pm at the Barnard Town Hall as necessary.

RECYCLING HOURS: Saturdays, 8:00am to 4:00pm.

BEES MEETINGS First Tuesday of each month allowing for school vacations, 6:00pm - 7:30pm, at the school library.

HISTORICAL SOCIETY meets the last Tuesday of the month. Call 457-3020 for location.

The Energy Committee meets on the 4th Tuesday of each month at 7 pm at the Barnard Town Offices.

DANFORTH LIBRARY is open Saturdays 10:00 to noon, Wednesday evenings from 6:00 to 8:00. Story hour is the first Saturday of the month. The Book Club meets the first Wednesday at 7:00pm.

SILVER LAKE CHAPEL will not be holding Sunday worship services until further notice.

SELECTMEN meet the second and forth Wednesday of the month at 7:00PM at the Town Clerk's office.

YOGA CLASSES offered at Danforth Library, Mondays 9:00 am - 10:30 am and Tuesdays 6:00 pm -7:30 pm with Amanda Anderson. Classes are by donation; for more info, contact theonlymissamanda@yahoo.com.

THE BARNARD BULLETIN, Box 161, Barnard VT 05031-0161, info@barnardbulletin.info, is published the 20th of each month. It is sent to the legal residents of Barnard. Non-resident subscriptions are $10.00 a year. Tel. 802/457-1792.