The Barnard Bulletin

OCTOBER 2013 **Vol. XXVIII No. 10**

SELECTMEN'S NEWS

We recently met with a FEMA Public Assistance officer and visited portions of town highway in South Barnard damaged by strong storms on June 25th, the opening date of the recently declared FEMA disaster for Windsor County. FEMA (75%) and the State (15%) will cover most of the few thousand dollars worth of repairs as well as stone lining portions of ditch over 5% grade to meet requirements of current Vermont Road & Bridge Standards to which we subscribe.

Wednesday hours at the Recycling & Transfer Station will end for the year on Sept 25th. Regular Saturday hours of 8-4 will continue. Someone recently dropped off a queen size mattress & box spring which we can't fit into the compactor. We request that bulky items such as mattresses, box springs, couches and anything more than small amounts of construction & demolition debris be taken to the Bethel-Royalton facility on Waterman Rd. Fees there are the same as ours a but they're larger and better able to handle such items. We also encourage taking Volkswagen sized TVs there mostly to save my old back and remind you that while TVs, computer equipment and printers may be recycled at no charge here or at Bethel-Royalton, all electronics are now banned from landfills and must be recycled but there's a $5 or $10 fee for things like phones, stereo equipment, microwaves and faxes. There's fee lists for everything taken at our facility and at Bethel-Royalton at the Town office and at the Barnard Recycling & Transfer Station.

We devoted considerable space last month to a discussion of the rather unseemly increase in Barnard's tax rate, particularly the State Education Tax rate, due in part to a smaller Grand List as a result of the recently completed reappraisal of the Town's properties. I neglected, however, to mention that the reappraisal resulted in only four appeals to the Board of Civil Authority, two of which were withdrawn, a rate of appeal almost unheard of in any town, much less property rich Barnard. Doubtless no one is celebrating his valuation or tax bill but thanks are nonetheless in order to the Listers and their professional assistant, Jim Boyle, for producing a comprehensive land schedule and, based on the lack of appeals, an apparently fair and equitable revaluation of the Town's properties.

August found me finally kicking myself in the butt and availing myself of Barnard's fecund arts offerings. I went to both BarnArts production of Grease and to Fable Farm's Dinner Theater Crimes of the Heart. While I'm the last person standing to qualify as any kind of theater critic, I was just bowled over by both and just felt so thankful to our new and mostly younger residents who have brought richness into our lives. I'm not about to eschew any of my generally woodchucky pastimes but, gee, I just might go again! Shortly after seeing Grease, a friend and I brought it all back by stopping in at the A&W Rootbeer stand in Middlebury where I hung out during school days about the time represented in the play.

Enjoy these halcyon days of summer; we all know what the next thing is.

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NEWS FROM HELPING HANDS

Fall appears to be here, though last week's 80-degree temperatures and thunderstorms felt more like summer than fall. On chilly mornings there is a hint of wood smoke in the air, reminding us of the coming of cold weather.

Helping Hands Firewood Fest is this Saturday, September 21st from 9:30 to 1 at Ward's Log Landing on Route 12. We want to thank all of the Wards for again hosting this event. We have requests for nearly 12 cords of wood, so our volunteers will be busy cutting up logs, splitting them and loading them into the trucks. We can always use more volunteers; so if you would like to come help, please give Linda or Mary a call. Our fingers are crossed for good weather, but if it rains, our rain date is the following Saturday, September 28th.

We have had a busy summer with a number of requests for driving, visiting and financial assistance. Please don't hesitate to contact us if you or someone you know could use a helping hand. We have people ready and willing to help. If the job is too big for us to handle, we can refer you to other available resources.

Gerry Botha, 234-6941, gbotha@aol.com;
Heidi White, 234-6965, heidi@hwfreelancecopywriter.com;
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Louie Ahlen, 457-2621, lahlen8920@aol.com;
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Deb Rice, 234-5349, debarice@gmail.com;
Jo Oliver-Yeager, 234-6448, jooliveryeager@gmail.com;
Joann Ference, 234-9324, vtscapeartist@gmail.com

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Danforth Library open house, Oct. 5, 10 -12

THE COMMUNITY GATHERS FOR FOOD AND FUN

If you haven't yet visited the Clark Commons Market at the Clark Farm, this beautiful spot tucked among the fields is the new site for the Fable Farm Pick-up, and hosts a Farmers Market featuring some great Barnard-based vendors, including Heartwood Farm and Carin's Kombucha, Eastman Farm Beef, Kiss the Cow's milk and eggs, Down to Earth Confections, and Green Mountain Pasta. Vegetables from Heartwood Farm and Fable Farm can be purchased a la carte and a membership to Fable Farm's CSA is not necessary to shop. The market runs every Thursday from 4:30-7:30

Markets also feature potlucks, and people are welcome to bring a dish and enjoy the company of neighbors and the sweet sounds of music in the hills. If you choose to dine, please bring your own plates and cutlery.

Fable Farm, Heartwood Farm, Kiss the Cow, and Eastman Farm are hosting this market, and currently sharing use of the land at the Clark Farm. Thank you to the generous support of people in town who helped keep this beautiful farm from being developed.

Calendar of Events:

8/22 Bow Thayer and Friends
8/29 "Crimes of the Heart" play
9/5 Nelson Lunding
9/12 Modern Times Theatre Troup "The City"

Directions from the Barnard General Store:

Take the Stage Road, which is the road that crosses between the store and the lake. Follow this for about a mile, then veer left onto the Royalton Turnpike. Follow the Turnpike for approximately 1 mile. You will pass Sayer Rd. on your right. Roughly a 1/4 mile past Sayer, take the next Right. There will be a sandwich board marking the Market. Parking is further down this road.

From the other direction on the Turnpike take the first left after the driveway to Kiss the Cow Farm.

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BEES NEWS

BARNARD BEES FALL FOLIAGE BREAKFAST

Saturday, October 5, 2013, 8:00 - 11:00 AM

At the Barnard Town Hall

$10 adults; $5 ages 4-14; ages 3 and under - free

Please join us for a delicious, hearty breakfast in support of our school!

Nicole Conte Stevens,
BEES President
234.9786

LAKE ASSOCIATION NEWS
From the BSLA

At the Annual Meeting, August 22nd, some of the many new and active members were elected to serve a growing and strengthened Barnard Silver Lake Association for our Town.

To serve a 2-year term:

President: Craig Hadden

Vice-president: Laura Zantzinger

Secretary: Sharon Jackson

Treasurer: Cliff Aikens

Executive Administrator: Peter Stoddord

State Delegates to Federation of Vermont Lakes & Ponds:
Craig Hadden, Joan Harvey

Guest speaker from the State was Russ Ford from the Agency of Natural Resources, who defined the new "Lake Wise Program" to which the BSLA has already subscribed.

A great summer on the lake despite erratic weather.

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TAXPAYER REVOLUTION SIMMERS IN BARNARD

Humor by Cliff Aikens

The "Barnard Raid" occurred early this year with the Vermont Dept. of Taxes raiding the savings and bank accounts of Barnard residents. Barnard residents responded immediately.

The Barnard Militia under the direction of Generals Casimir Rozonewski and Wesley Hennig marched on Montpelier in protest, meeting no opposition.

The Vermont Legislature, in "Special Session" devising new tax schemes, was greatly irritated by the protesters. Ever alert to new taxing possibilities, they speedily passed the "Unlawful Protest Act" and fined the protesters $50,000.

The Legislature advised the protesters "not to worry" as they have devised a more equitable tax law that will apply to all Vermonters 18 years of age and older. It seems that most industry has moved to other states--we don't know why--they said, but as a result Vermont now has just about the cleanest air in the US. Vermonters have been breathing this clean air for many years now--tax free! Also, many former landowners are no longer paying taxes as they have abandoned their land and moved away. This has been most distressing to the Vermont Dept. of Taxes as the "take" is not up to their standards.

As a result. The Vermont Legislature has come up with the Clean Air Breathing Tax. The bill was proposed by State Senator Humpty and co-sponsored by Legislator Dumpte from the 4th District. It is affectionately known in the Legislature as the Humpty Dumpty Bill and "will give us more money to play with and direct to as yet unidentified causes," said Senator Humpty. "We are re-making Vermont into a true and veritable Wonderland," said Dumpte.

As it is difficult to measure lung capacity, the new law will be based on one's height and weight. "The more you weigh, the more you pay," is the motto. This will help keep Vermonters from obesity and in lean health. We are always looking out for the health of our tax-paying Vermonters, they said.

Forms will be sent out to everyone shortly and they cautioned not to "fudge" your weight as drive-by spot checks would be conducted and the inspectors will have weight scales. When asked about the new law, Barnard residents were relieved to hear they had been released of their Gold Town status and were not surprised by the State's latest action. This is just another, broader form of our Legislature's legalized theft from its citizens, they said. In Vermont, taxes are more certain than death.

LOCAL CRYPTOGRAM

A cryptogram is a code in which one letter is substituted for another. For example, the word "Church" could be written BWMSBW. The letter B would be the letter C and would be throughout the entire message. In this message V = S. The solution is found by trial and error.

"HCX OXITXV NIOO MIHGXFHOU

FLHCGFA JXQXQDXJV LJ AJGXTXV

HCX JGTXJ HIZXV HL HCX VXI

HCX UXOOLK BJGNH LN OXITXV."

- VIJI HXIVBIOX

The answer to the CRYPTOGRAM can be found on the inside of the back page.

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THOMPSON CENTER NEWS

SUBMITTED BY PAM BUTLER

The Thompson Center invites our Barnard neighbors to our Annual Meeting on Wednesday, October 30, at 8:30AM. As a nonprofit organization that operates for public purposes with public support, we are obligated to provide the community with information about our mission, program activities, and finances. The Annual Meeting and Annual Report are two of the ways that we make available to the public, information about The Thompson's programs and financial management. The Annual Meeting is also an opportunity to hear about the year in review at The Thompson, your Senior Center, and to vote on and welcome new board members and associate members. Executive Director Deanna Jones will present a report from the National Council on Aging with findings and information related to aging well within our community.

We are looking out for your well being in October and getting you tuned up for the upcoming frosty months by offering our annual Medicare Open Enrollment talk (there is some great information to help you navigate the Medicare maze) a walk-in flu clinic, and free hearing screenings. Our docket of new and ongoing language and exercises classes will help you remain sharp and fit. As October winds down, we explore the fascinating history of Vermont's copper mining industry in producer Phyl Harmon's documentary, Riches and Remains; The Legacy of Copper Mining. Our programs and classes are always open to adults of all ages. Read on for details or visit us at www.thompsonseniorcenter.org.

Medicare Annual Open Enrollment Informational Talk: Thursday, October 3, 2013 1-2:30PM. The annual Open Enrollment period is from October 15th-December 7th and this is the time to review your coverage. Senior Solutions state health insurance staff will give you tips and instructions on what questions to ask during the Open Enrollment period, so you can make informed choices about continuing or changing your drug plan, and/or Medicare Advantage plan.

Seasonal Flu Clinic: Friday, October 4, 9AM-12PM. This walk-in flu clinic is sponsored by the Visiting Nurse Association & Hospice of Vermont and New Hampshire and is open to all adults 18 and older. The flu vaccination is free for individuals with Medicare Part B insurance - please bring your card. The fee for all others is $25. For more information, call The Thompson at 457-3277.

Free Hearing Screenings: Friday, October 18, 9:00AM-2:30PM. Hearing Care Specialist Chris Gulick returns to The Thompson to offer thorough hearing examinations and hearing instrument demonstrations. Please sign up for your 30 minute appointment.

Riches & Remains; The Legacy of Vermont Copper Mining: Tuesday, October 22, 1:00PM. This hour-long documentary tells the story of the copper mines in South Strafford, Vershire, and Corinth covering over 150 years. Producer, writer, interviewer, and filmmaker Phyl Harmon explores the vital impact these mines had on the people and economies of Upper Valley towns. It chronicles the mining boom and the dramatic changes in mining (and mining technology) across the 19th and 20th centuries. The film describes the hardships and triumphs of the miners themselves, their personal tragedies, the abuses of child labor, and the uprising that led to a National Guard intervention at the mine in Vershire. It details the final resurgence of the Elizabeth Mine in the 1940's and 50's and the positive role the mine, and the mining company, played in the lives of Strafford's people. Phyl Harmon began her research on mining in 1995 by interviewing the last surviving men who worked in them. Many of those men have since died, but Harmon was struck when talking to them by, "how much they loved the mine. I thought this would be a great film."

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BARNARTS TEEN TOURING COMPANY

Fall 2013

For teens interested in exploring contemporary youth issues through theatre. Begins Monday, Sept. 30, 3pm at Artistree.

Teens will meet one afternoon a week to work with BarnArts staff to create their own portable theatrical production. Company members will develop characters, write scripts and create costumes and props, all in support of a chosen youth theme. The company members will also adapt and rework existing Teen Touring Company scripts for mid-Fall performance. New scripts will be worked in with old, or fully developed for performance in early Winter.

Barnard Academy Dates to Remember

Cot 1	Bees Meeting
Oct. 19	Teachers In-service: No classes
Oct. 26	End of first marking period
Nov 5	Bees Meeting
Nov 12	Veteran's Day: No Classes

Next ECFIBER Investment opportunity: Oct. 1, 2013. Contact John Roy, john.roy@ecfiber.net

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EAST BARNARD NEWS

Oyster Stew Supper Tradition Continues on October 19

by Virginia Glass Schlabach

Following the rousing success of the Community Club's recent Largely Local Dinner, East Barnard is gearing up for the Broad Brook Fire Association's 57th Annual Oyster Stew Supper, Saturday, October 19. Held at the Community Hall, the traditional meal of oyster stew, side dishes, and pie will be served from 5:00-8:00 p.m. Prices, dependent mainly on the cost of oysters, are still to be determined. Watch local newspapers and e-mail announcements for full details or contact Jerry Fredrickson at 763-2314.

At the fire association's annual meeting, Asa Leavitt was chosen to replace Elizabeth Ferry as trustee. Mary Croft is clerk of the association and Pamylee Carbino is secretary for the trustees. A tour of the firehouse after the meeting introduced the new addition, which provides much-needed space for meetings and fire exercises.

The Community Club was delighted by the outpouring of effort for the Largely Local Dinner by neighbors and friends. Every contribution - from baking pies to picking garden produce, peeling potatoes to roasting turkeys, serving food to washing dishes - was important and appreciated. Equally important was the crowd of diners who came from many places to eat the meal, shop at the bazaar, and enjoy the music upstairs. The event showcased the sparkling white, newly-sided Hall exterior and the many improvements which have brightened the interior. The Buckeye Beauty quilt raffle ended the evening with Laura Ogburn the lucky winner.

Calling all spelling whizzes! Next on the activity list for the Community Club is a Spelling Bee on October 2nd at 6:30 p.m. The cost is $10.00 to enter or $5.00 to spectate, with cookies, coffee, and tea served as part of the entry fee. The winner of the Bee will get half of the spellers' entry money with the rest going to the club.

Firemen and trustees celebrate their newly-enlarged firehouse and invite everyone to join them for the 57th Annual Oyster Stew Supper on October 19 - not in the firehouse but at the Community Hall just down the road.

Marjorie and Floyd VanAlstyne check out the window of the new meeting room addition, which filled in the back corner of the Broad Brook Firehouse to provide space for meetings and fire exercises.

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SHEDDING LIGHT ON SAVING ENERGY

The Barnard Energy Committee has only recently been formed and in its initial stages of working towards saving the town of Barnard and its residents energy--and therefor money! Like many towns across Vermont, Barnard has established the Energy Committee to delve into various ways and methods to save and make energy consumption more efficient for both the town and its people. Following are some tips for everyone to consider in order to save both energy and dollars.

One of the first programs the Barnard Energy Committee is moving on is to replace all present street lights in town with energy efficient LED lighting. These lights are ever-so-more energy efficient than the "old" lights, but they also last much longer and therefore need to be replaced much less often. As these lights are being planned to be replaced, so too can you plan to replace lights in your own home or place of business with LED's. Not only will you start saving on your electric bill, but many manufacturers offer rebates on their lights which will bring your cost down substantially.

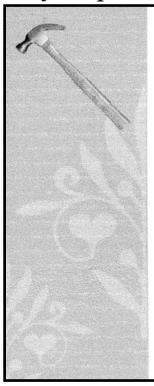
Although we are growing ever nearer to the end of summer, another avenue to explore is to either put up or replace old window treatments with insulated and/or room darkening shades or curtains that will help keep the hot summer sun out of your house and make for more comfortable living. These same improvements can also keep warmth in your house during the winter as well, limiting cold that is transmitted through windows and preventing drafts from cooling your home. And when the sun shines brightly, open the curtains and allow passive solar to help heat your residence or business.

There are many homes in Vermont that were built when oil was cheap and insulation was not! Therefore, builders limited or eliminated their use of energy saving insulation and home owners, renters and places of business merely had to pay for oil or gas for heat. Obviously this is no longer true. People keep pouring out money to pay for their heating needs, but do little to solve the problem over the long haul--merely a band aid approach. A much wiser use of resources would be to insulate your walls, around doors and windows and ceilings through the use of various forms of insulation. Get quotes on the cost to have foam insulation blown into your walls or attic, or see what the cost is to put fiberglass batting in your outside walls. And for some, there are monies to apply for, for help in becoming more energy efficient.

Another easy way to save and keep our air cleaner is to shut off your car engine when you are "just stopping at the Post Office for a minute" or running into the bank to get some money so you can pay your electric bill. These days, if your car is running for more than about five seconds when it doesn't need to be, it is less costly and certainly helps our environment to shut off your engine and restart it when you get back. It is also safer in many other ways that should be obvious to all.

Speaking of transportation, see if you can't consolidate some of your trips into town to get what you need by simply planning ahead, writing a list of things you will need during the week and communicating with other family members who might already be driving through where you need to go or who after work may be a lot closer than you. Also, talk with your neighbors and friends and see if you can't arrange a group trip for food or essentials or have one person shop on a revolving basis for you and friends or family.

Lastly, for now, do the simplest thing you can possibly do--turn out the lights when leaving a room for any length of time, or turn off the TV or radio if no one is there to watch or listen to it. Turn out outside lights which aren't necessary, and as lights blow out, replace them with LED's or more energy efficient lights. There are many, many more ways to save energy and become more efficient and earth friendly. Take a minute to think what YOU can do to help our environment as well as yourself. We hope this article has shed some light on your becoming more environmentally responsible and energy efficient.



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CRYPTOGRAM ANSWER

"The leaves fall patiently, Nothing remembers or grieves
The river takes to the sea, The yellow drift of leaves."

- Sara Teasdale

The Barnard Bulletin

P.O. Box 128, Barnard VT 05031-0128

FIBER ARTS BARNARD (FAB) - 2nd and 4th Wednesdays in the Barnard library community room, 3:30-5:30. Contact Janet Andersen, 234-5251, hywynds@aol.com, or Jenney Silva, 457-9000, hsilva86@yahoo.com.

THE BARNARD ACADEMY SCHOOL BOARD meets at 8:30 am at the school on the first Tuesday of each month.

THE PLANNING COMMISSION meets at 7:00pm in the Town Clerk's office on the following dates. 2013: June 3; August 5; October 7; November 4; December 2. 2014: January 6; February 3; March 10.

BARNARD LISTERS listers@barnardvt.us, 234-9576. Office hours, except holidays, Wednesday 9:00am - 11:00am, by appointment, or anytime we are in the office.

BARNARD ZONING ADMINISTRATOR'S office hours are Mondays, 9am – 12:00 noon.

BARNARD CONSERVATION COMMISSION meets the second Monday of the month, 7:00 PM, Town Hall.

TOWN CLERK office hours are Monday, Tuesday and Wednesday, 8:00am - 3:30pm.

THE DEVELOPMENT REVIEW BOARD meets the third Thursday of the month at 7:00pm at the Barnard Town Hall as necessary.

BEES MEETINGS First Tuesday of each month allowing for school vacations, 6:00pm - 7:30pm, at the school library.

RECYCLING HOURS: Saturdays, 8:00am to 4:00pm.

HISTORICAL SOCIETY meets the last Tuesday of the month. Call 457-3020 for location. YOGA CLASSES offered at Danforth Library, Mondays 9:00am-10:30am with Suzanne Lacey, Tuesday 6:00pm-7:30pm with Amanda Anderson. For more information contact suzannelacey60@yahoo.com

DANFORTH LIBRARY is open Saturdays 10:00 to noon, Wednesday evenings from 6:00 to 8:00. Story hour is the first Saturday of the month. The Book Club meets the first Wednesday at 7:00pm.

SILVER LAKE CHAPEL 10:00AM Sunday Worship Service. The Chapel is located at 156 North Rd., Barnard

SELECTMEN meet the second and forth Wednesday of the month at 7:00PM at the Town Clerk's office

THE BARNARD BULLETIN, Box 161, Barnard VT 05031-0161, info@barnardbulletin.info, is published the 20th of each month. It is sent to the legal residents of Barnard. Non-resident subscriptions are $10.00 a year.

ADVERTISING RATES: Classified ads - 20 cents a word. Camera ready display ad - 3.5" wide by 2" high - $8.00. Special make-up work will be charged by the hour or part thereof - $10.00 minimum. Deadline for receiving ads will be the 10th of every month. Tel. 802/457-1792.